



Beginner Trap Shooting Seminar

MELHS Head Coach: Brian Johnson - NRA Certified Firearm Instructor/RSO
NRA/ATA Certified Coach

Where: Edwardsville Gun Club
When: Sunday, 02/28/2016 12:00 - 5:00
Cost: \$75.00 / Student (Includes 3 - 4 rounds trap fees)
(proceeds to benefit MELHS Trap Team)
What to bring: shotgun, eye & ear protection, 100 rounds. ammo
(7.5 or 8 shot), vest or ammunition pouch.
Ammunition may also be purchased at the club before class.

If you wish to try your hand at trap, you will want to have an experienced trap shooter/coach show you how the game is played, and also the necessary safety aspects of the sport.

Class Schedule:

12:30 - 1:15 pm (45 min)

We'll cover introductions; goals and objectives; gun SAFETY and proper gun handling; Range Safety Rules; shooting etiquette; and a brief history of the clay target games. We'll cover eye & ear protection; shotgun fit and pattern placement (POI); eye dominance and corrective actions; and the proper eye/rib/ head/barrel alignment. Most importantly, we'll cover the basics and fundamentals (the 5 key elements) of trap shooting, from proper set-up to follow-thru, post by post and/or station by station. We'll make necessary gun-fit adjustments (as possible);

1:15 - 1:30 pm

Break/ setup on the range

1:30 - 2:30 pm (60 min)

(On the range): Student target shooting with individual post by post instruction coupled with detailed observation, analysis, and assessment of each shooters unique skill level and performance ability. (1-2 rounds).

2:30 - 4:00 pm (90 min)

(On the range): More student target shooting, with the application of individual corrective actions and adjustments to form, style, and technique. Minor corrections and adjustments will be made at this time, and the students will begin experiencing a marked improvement in their shooting ability, skill, and success. Final analysis, each shooter will leave with a suggested "things to practice" improvement plan. (1-2 rounds).

Break (15 mins)

4:15 - 4:45 pm (30 min)

Q's & A's, with a class and instructor feedback. We'll discuss proper gun care and maintenance; the mental attitude needed to successfully compete; and how to develop a disciplined approach to quality practice and competition.

**Please make checks payable to
Brian Johnson**